



GWR PCN Newsletter

Welcome! This the winter 2023 edition of the GWR newsletter. You have received this newsletter as your practice is a part of GWR Primary Care Network.
Edited by GWR PCN Project Manager, Sanam Dhaliwal

December 2023

Diabetes Awareness Events

Last month, GWR hosted a trio of events to raise awareness on diabetes. We worked with different faith groups within the community to ensure we reach a wider audience. We visited the Mosque, Mandir and Gurdwara. We are hoping to host similar events in the future so please do not worry if you couldn't attend these events.

At this event, we provided patients with health checks including BP checks, height and weight checks. We also offered lifestyle and diet advice by our dietician and diabetes specialist nurse.



GWR were invited to speak on Desi Radio, a registered charity organisation to promote the integration of the Punjabi community in the UK, to raise awareness on our HI events and general diabetes lifestyle advice.



Inderjit Rai (HCA at Cranford Medical) & Sanam Dhaliwal (GWR Project Manager)

GWR Social Media

As part of our digital transformation, we are expanding how you can stay connected to us.

Earlier this year, we created our first twitter account. Scan the QR code below to give us a follow!



<https://twitter.com/GWRPCN>

We have also launched our first GWR PCN website. Scan the QR code below to have a look!



www.greatwestroadpcn.nhs.uk/

Jobs & Careers

If you are looking for a job within the GP practices, send your CV to GWR.PCN@NHS.NET alongside the role you wish to apply for.

There are several roles within primary care such as an admin receptionist, Health Care Assistant, Nurse, GP etc.

Meet our Pharmacy team!

What do we do for you?

- We work alongside your GP practices.
- We carry out medication reviews to ensure you are taking the correct medications for any conditions you may have.
- Help GPs manage patients with long term conditions such as blood pressure reviews & cholesterol management.
- We carry out audits to improve quality of patient care in practices.

Sam Palekar - Clinical Pharmacist

Working alongside some of the best doctors at HIYOS, integrating social media into addressing health inequalities across Hounslow & seeing patients on a daily basis to improve their health.

Nilou Kaviani - Clinical Pharmacist

I enjoy making a difference to the patients. I have achieved my CPPE Pathway programme.

Vijai Kumar - Clinical Pharmacist

I enjoy my work because I have made a difference. The shared decision making with patients empowers them in regard to their health and educates them.

Harkirat Panesar - Clinical Pharmacist

I enjoy helping patients with medication issues and carrying out face to face clinics. I achieved my Independent Prescribing course.

Salina Bajracharya - Senior Clinical Pharmacist

This role allows me to network with different healthcare professionals to provide quality care to patient. This year I am leading the BP+ project for our patients.

Karyn Silveira - Senior Clinical Pharmacist

I get to help patients with their conditions and I feel happy when I have made a difference. I have been more involved in deprescribing of Z-drugs, highlighting the harm from long term use of these.

Ramu Nekkanti - Pharmacy Technician

My role is to support the pressures faced by GPs and Pharmacists. I enjoy working within a big team and learning from one another. We all have a role to play to achieve a common set of goals.



Merry Christmas!

Best wishes for a healthy, happy and prosperous new year from the team at GWR PCN.

